



THE MIDWEST BOOK REVIEW

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Heidi's Bookshelf

The Art of Breakfast: How to Bring B&B Entertaining Home
Dana Moos
Down East
PO Box 679 Camden, Maine, 04843
9780892729401, \$28.95, www.amazon.com

Making Breakfast Beautiful, Again

Thanks to career, school, extra-curriculum activities, and more many families find breakfast to be chore. From instant oatmeal to toaster-waffles this essential meal is often reduced to whatever is fast and easy. "The Art of Breakfast" gives you many great reasons to slow down and enjoy. Whether it's just you and your partner or you include your children, options abound with author Dana Moos to re-discover joyful, beautiful breakfasts.

The lovely experience starts with holding the well-weighted and designed book in your hands. The cover and style of the book let you know the recipes inside are well-beyond some pre-packaged pancake mix leaving everyone full but not satisfied. With recipes ranging from gorgeous, creative egg dishes such "Poached Eggs Served in Roasted

Tomato" to a sophisticated take on "Sour Cream Coffee Cake" variety reigns.

Great recipes often come from experience and education: in this case both show through. The author has personal experience providing eye-catching breakfasts to guests as a former innkeeper. In addition, she also teaches others how to do the same. Through this book you get many of the benefits of her experience.

Although many of the recipes delighted our plates and palates, the clear favorite was "Chocolate Ricotta Pancakes." Please get the book and try this recipe and don't skip any of the options - alone the pancakes are very well done. The syrup recipe included for these pancakes takes them to extraordinary new flavor levels. You might consider making extra of the syrup recipe, however. It is hard to resist.

Thanks to stunning styling in the photographs, an easy-to-read layout and recipes that I know will serve for years to come I'm very pleased to consider this a highly recommended book. With literally shelves of cookbooks in my home, it's rare I find one I'd consider top-rated and the extra space for inclusion in our personal library. Fortunately, "The Art of Breakfast" lives up to its name in every way.

Heidi Sue Roth
Reviewer